



Grit: Week 3 - Choose Your Hard



Life is hard, but you get to choose your hard.

BIG IDEA



What's one area of your life right now where you're facing a "choose your hard" moment?

ICE BREAKER



MAIN POINTS

- You Get to Choose Your Hard
 - Hard work now leads to rewards later. Avoiding hard work now leads to hard regrets later.
- Inspection Leads to Direction
 - Nehemiah inspected the walls and took inventory before creating change. We need to pause as well and reflect on where we are, where we want to be, and what it will take to get there.
- Indecision is a Bad Decision
 - Nehemiah's people had lived in ruins so long they didn't recognize them anymore. Their indecision caused them to live as victims of their circumstances.
- Together is Always Better
 - Nehemiah assigned families to rebuild sections of the wall together. We go further when we go together. Gritty people don't do hard things alone!



DISCUSS

1. Shan said, "You can choose hard work now or hard results later." What's an area of your life where you've experienced the pain of regret from avoiding hard work? What's an area where you've experienced the reward of doing hard work?
2. When was the last time you took inventory of your life? Take a few minutes now to reflect: Where are you currently in your spiritual life, physical health, relationships, or personal development? Where would you like to be? What needs to be redirected?
3. Read Nehemiah 2:17. The people had been living in ruins for so long they didn't recognize them anymore. Is there an area of your life where you've become comfortable with "ruins"—something broken that you've just accepted as normal?
4. What does "DNP" (Did Not Play) look like in different areas of life? Where might you have been sitting on the bench instead of getting in the game?
5. Nehemiah had the people rebuild the wall family by family, section by section. Why is it important to "go together" when doing hard things? Who in your life helps you go further?
6. "If you don't make time to work on creating the life you want, you're eventually going to be forced to spend a lot of time dealing with a life you don't want." What's one "necessary" thing you need to start doing today that could lead to something you once thought was impossible?



NEXT STEP

Choose one way to get off the bench

- Serve one hour...
- Join a group...
- Consistent weekend worship for the next 90 days.
- Take one step toward generosity.
- Invite someone to come to church with you

**SCRIPTURE**

Nehemiah 2:17 Then I said to them, "You see the trouble we are in: Jerusalem lies in ruins, and its gates have been burned with fire. Come, let us rebuild the wall of Jerusalem, and we will no longer be in disgrace."

Proverbs 16:3 Commit to the LORD whatever you do, and he will establish your plans.

**NEXT WEEK**

Join us next week and invite a friend as we continue in the series Grit!

SNEAK PEEK

Questions or Feedback? Email Groups@CentralAZ.com