



## The Sacred Ordinary



### BIG IDEA

God created us in His image to be workers, builders, cultivators, and co-creators with Him. Healthy hustle happens when we work hard while maintaining a healthy heart, healthy relationships, and a clear understanding that our worth comes from God, not our accomplishments



### ICE BREAKER

1. When you were growing up, what did you want to be when you got older? Why?
2. Which is more natural for you: overworking or checking out?



### MAIN POINTS

Our culture often equates busyness with productivity, exhaustion with accomplishment, and self-worth with success. This “hustle culture” leaves many people either burned out from constantly striving or checked out because they’ve lost their motivation and purpose.

#### **God offers a different way.**

The very first picture we see of God in Scripture is not God sitting on a throne, it is God working. In Genesis 1, God creates, builds, designs, and brings order out of chaos. Work was God’s idea before sin entered the world.

Because we are created in God’s image, we are designed to work, create, solve problems, and contribute something meaningful to the world.

“The impulse to build, create, problem solve, and contribute something meaningful is the fingerprint of God on your soul.”

Colossians reminds us that whatever we do, we are to do it for the Lord.

Paul doesn’t simply tell us to work hard—he tells us to work with all our heart. God is concerned not only with what we do, but why we do it.

“Effort is output; heart is motivation.”

Healthy hustle recognizes that our value does not come from our performance.

Before Adam and Eve ever accomplished anything, God declared that His creation was very good.

We don’t work to earn our value. We work because we already have value as image-bearers of God.

Brother Lawrence modeled this beautifully by turning ordinary tasks into worship. He learned that even washing dishes could become an opportunity to meet with God.

“There was no line between work and worship, the sink became the sanctuary.”



### DISCUSS

1. Have you ever experience a moment when work felt like worship?
2. Brother Lawrence found God while washing dishes. Where do you most often encounter God during ordinary moments?



**NEXT STEP**

- Jesus First - What would it look like for Jesus to be the leader in every room of your life, including your workplace?
- People Always - Is your work currently helping people flourish, or are you mostly trying to survive?
- Made for More - What gifts, passions or opportunities has God given you that may point toward your purpose?



**SCRIPTURE**

Genesis 1:1, Genesis 1: 26-27, Genesis 2:15, 1 Cor 3:9, Col 3:17, Col 3:23, John 15:13



**NEXT WEEK SNEAK  
PEAK**

Join us next week as we continue our Healthy Hustle series with Pastor Cal and discover why God's design for healthy work always includes healthy rest. Questions or Feedback? Email [Groups@CentralAZ.com](mailto:Groups@CentralAZ.com)

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